



10/20/2019	10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019	10/26/2019
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast						
Oatmeal/Cold Cereal Eggs any Style Bacon/Ham French Toast	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham Donuts & Coffee	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham Breakfast Grits w/ Spiced Peaches	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham French Toast	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham Biscuits & Gravy	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham Blackberry Pancakes	Oatmeal/Cold Cereal Eggs any Style Bacon/Ham Western Frittata
Lunch						
Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Egg Salad Sandwiches Coleslaw	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Chicken Caesar Sandwiches	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Pierogis w/ Bacon & Onion	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Ham Salad Sandwiches	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Turkey Hot Shot	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Tuna Salad Sandwiches	Vegetable Soup or Soup of the Day Grilled Cheese/Deli Sandwiches Sloppy Joes
Dinner						
Chicken Supreme Citrus Grilled Salmon Vegetable Medley Smashed Red Potatoes	Shrimp Piccata Pork Cutlet Parmesan Green Beans & Onions Potatoes Parmagiano	Chicken Enchilada Casserole Pork Carnitas Sautéed Peppers & Onions White Rice	Lemon Baked Cod Spanish Pot Roast Fresh Vegetable Blend Mashed Potatoes	Jamaican Jerk Chicken Salisbury Steak Sugar Snap Peas Baked Potatoes	Smothered Pork Chops Honey Garlic Glazed Salmon Roasted Red Potatoes Glazed Carrots	Swedish Meatballs Honey Mustard Chicken Egg noodles Green Bean Medley
Sautéed Chicken Breast	Sautéed Chicken Breast	Sautéed Chicken Breast	Sautéed Chicken Breast	Sautéed Chicken Breast	Sautéed Chicken Breast	Sautéed Chicken Breast

*All meals come with Milk/Coffee/Tea and Choice of Juice

*Breakfast comes with your Choice of Bread and Fruit Cup

*Lunch comes with your Choice of Fresh Fruit, Jello, Applesauce, Cottage Cheese

*Dinner comes with your Choice of Fresh Fruit, Cottage Cheese, Applesauce, Jello, Sliced Pickled Beets and Tossed Salad and Cole Slaw